



## **MTGAFC Suspected Concussion Guidelines**

The below guidelines are set to ensure the health and safety of the player is first and foremost in the Club's decision-making process.

### ***The appointed medical officer (first aid attendant / physio / sports trainer) has suggested a suspected concussion. Where to from here?***

If a medical officer suggests concussion, it's important to take it seriously and seek medical attention as soon as possible.

The Team Manager will need to create a concussion incident in PlayHQ (in game/non-game). How To: [Concussion Management - League and Club Admin Guide.pdf](#)

Once the concussion incident has been lodged in PlayHQ the player will automatically be sent an email outlining the Return to Play process.

A Doctor is ultimately the one who can officially diagnose a concussion based on clinical evaluation, including a history of the injury, physical examination, and potentially imaging tests.

Mt Gravatt AFC will not allow a player with a suspected concussion to return to training or game play without being assessed by a Doctor, preferably a Sports Doctor with experience in Concussion Diagnosis.

### ***The Doctor says it is concussion. Where to from here?***

The player enters the Community Football 21 Day (minimum) Return to Play Protocol.

#### **[STAGES OF GRADED RETURN TO PLAY](#)**

The player will be allowed to play again once the [CONCUSSION CLEARANCE](#) is signed by a doctor. The form will need to be submitted into PlayHQ\* by the player and submitted to the club secretary ([mtgafc.secretary@gmail.com](mailto:mtgafc.secretary@gmail.com)) for verification.



## ***The Doctor says it is NOT concussion. Where to from here?***

If a doctor determines that a concussion is not present, it's important to follow their advice and guidance for recovery.

Mt Gravatt AFC will require a letter from the doctor advising that the player does not have concussion, and they are comfortable in them returning to training and game play.

The player will be allowed to return to training and game play once the above letter is submitted into PlayHQ\* by the player and submitted to the club secretary ([mtgafc.secretary@gmail.com](mailto:mtgafc.secretary@gmail.com)) for verification.

### **\*How To submit documents to Play HQ;**

[PLAYHQ CONCUSSION MANAGEMENT FUNCTIONALITY PLAYER / PROFILE OWNER GUIDE](#)

### **Further Information**

[The Management of Sport Related Concussion in Australian Football.](#)

Information correct at 25.05.2026,  
subject to change without notice.

#### **Address**

Southside Toyota Oval  
Dittmer Park  
Corner Klumpp & Logan Roads  
Upper Mt Gravatt, 4122

#### **Email**

[mtgafc.secretary@gmail.com](mailto:mtgafc.secretary@gmail.com)

#### **Web**

[mtgafc.com](http://mtgafc.com)