

Suspected Concussion

The below guidelines are set to ensure the health and safety of the player is first and foremost in the Club's decision-making process.

The appointed medical officer (first aid attendant / physio / sports trainer) has suggested suspected concussion. Where to from here?

If a medical officer suggests concussion, it's important to take it seriously and seek medical attention as soon as possible.

A Doctor is ultimately the one who can officially diagnose a concussion based on a clinical evaluation, including a history of the injury, physical examination, and potentially imaging tests

Mt Gravatt AFC will not allow a player with a suspected concussion to return to training or game play without being assessed by a Doctor, preferably a Sports Doctor with experience in Concussion Diagnosis.

The Team Manager will need to create a concussion incident in PlayHQ (in game/non game).
How To: [Concussion Management - League and Club Admin Guide.pdf](#)

The Doctor says it is concussion. Where to from here?

The player enters the Community Football 21 Day (minimum) Return to Play Protocol.

<https://play.afl/sites/default/files/2024-03/Four-Stages-of-Graded-Return-To-Play.pdf>

The player will be allowed to play again once the below form is signed by a Doctor and submitted to the club secretary (mtgaafc.secretary@gmail.com)

https://play.afl/sites/default/files/2024-03/Medical-Clearance-Form_0.pdf

The Doctor says it is NOT concussion. Where to from here?

If a Doctor determines that a concussion is not present, it's important to follow their advice and guidance for recovery

Mt Gravatt AFC will require a letter from the Doctor advising that the player does not have concussion, and they are comfortable in them returning to training and game play.

VULTURES



All submissions to the Club can be sent to the Club Secretary, mtgafc.secretary@gmail.com

Further Information

The Management of Sport Related Concussion in Australian Football.

<https://play.afl/concussion/resources/management-sport-related-concussion-australian-football#article-0>

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